



RAS d.b.a Little Acorn Patch at Kingstowne

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TOILET LEARNING ORIENTATION

Toilet learning should be a positive experience for a child. It should take only a short period of time; if the child is ready. Toilet learning is as individual as learning to walk. There is no right age by which all children should be using the toilet.

We will try toilet learning with your child for 10 days. If the child shows no interest, is fearful, or has too many accidents, your child will go back into diapers/pull ups until we decide together that your child is ready to try again.

We're listing here a few helpful hints of ways we can work together to minimize frustration and maximize success. Of course, encourage your child and continue the process at home.

- *Have your child wear loose-fitting clothing he or she can manage independently, such as elastic pants that are easy to pull up and down. Do not dress your child in overalls or t-shirts with snaps between the legs.*
- *We prefer that you supply regular, thin, cotton underpants, rather than thick training pants. The only exception is at naptime; when a pull-up diaper maybe requested*
- *Please bring a bag with at least three pair of extra clothes, including socks. Label all clothing with the child's name. Bring an extra pair of shoes as well.*
- *Decide at the beginning for little boys if they will sit or stand.*
- *Have your child start wearing underwear at home the weekend before we initiate it here. By all means, continue the program at home, having the child wear underwear rather than diapers. If you feel you need to, the child can wear a diaper at night, but first you might try getting the child up once during the night to go to the bathroom.*
- *Here, we leave the door to the bathroom open, both for easy access and to encourage the child's interest, seeing other children use the toilet. The child goes to the potty with a buddy for positive reinforcement.*
- *The child will be told "You need to go potty now" (or whatever term you prefer) every 30-45 minutes the first and second week as necessary.*
- *Unfortunately, because of health regulations, teachers cannot wash out soiled clothes. We will put them in a plastic bag for you to take home and wash.*

Parent Signature: _____ Date: _____

Teacher Signature: _____ Date: _____